

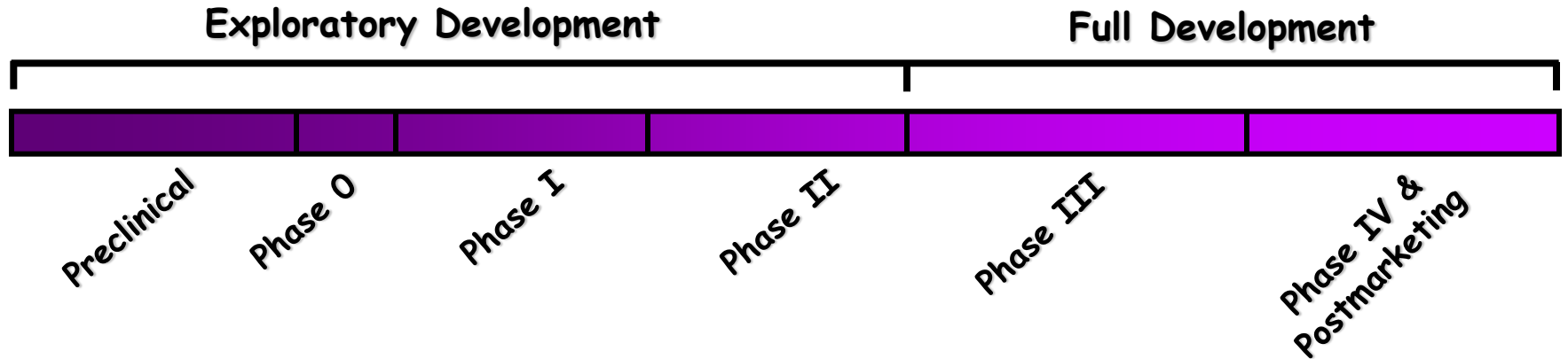
Drug Discovery & Development: Preclinical & Clinical Study

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Timeline of Drug Development

From test tubes to patients



Preclinical Study: Proof of Principle for Efficacy, Safety & Feasibility

Objectives of preclinical study:

- *Support for human pharmacology*
- *Support for human toxicology*
- *Prediction of human pharmacokinetics*
- *Dose & formulation assessment*
- *Feasibility for large scale production*

- (1) What does the drug do to the body (pharmacodynamics/PD)?
- (2) What does the body do to the drug (pharmacokinetics/PK)?
- (3) Feasibility for clinic trials?

Objectives & Approaches of Preclinical Study

Preclinical Pharmacology & Toxicology → **Safety & Efficacy**

Specific objectives:

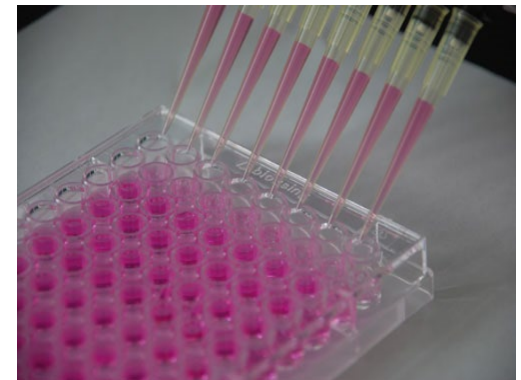
- *Molecular targets, action mechanisms & Pharmacodynamic*
- *Short-term & long-term toxicity*
- *Pharmacokinetic properties: ADME*

Approaches:

- *Extensive in vitro, in vivo, in situ & ex vivo experiments*

Components of Preclinical Pharmacology & Toxicology: *In vitro* Experiments

- ***In vitro* studies: macromolecules, cell cultures & isolated tissues/organs**
 - ▶ ***Molecular targets & action mechanisms***
 - ▶ ***Molecular pharmacology***
 - ▶ ***Intracellular pharmacodynamics***
 - ▶ ***Toxicology***
 - ▶ ***In vitro* drug metabolism**
 - ▶ ***Efficacy, dose response & drug resistance***



In vitro Approaches for Preclinical Pharmacology & Toxicology

- Ames bacterial mutation & mouse lymphoma assay → genotoxicity

In vitro human peripheral lymphocytes for chromosome aberration

- hERG-K⁺ conductance assay using CHO cells → cardiovascular toxicity

Drugs intended for prolonged or life-time use in human

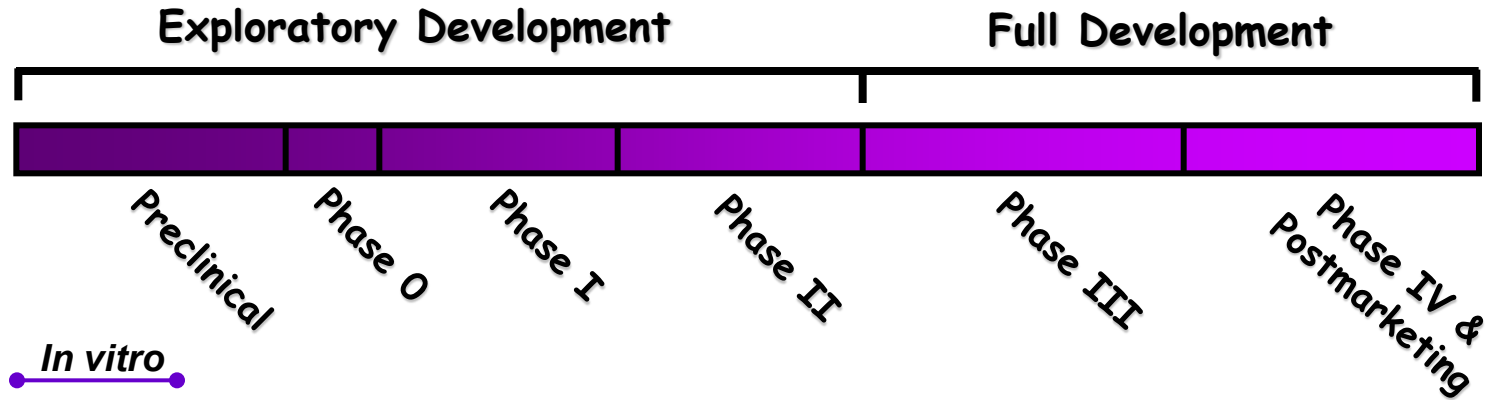
- Human Caco-2 cell permeability assay → intestinal drug absorption

Madin-Darby canine kidney cell or parallel artificial membrane permeability assays

- Cytochrome P450 superfamily enzymes → drug metabolism

In vitro human liver microsomes, hepatocytes, liver slices

Timeline of Drug Development



Pharmacology ☺

Toxicology ☺

ADME ☺

Dose & Formulation ☺

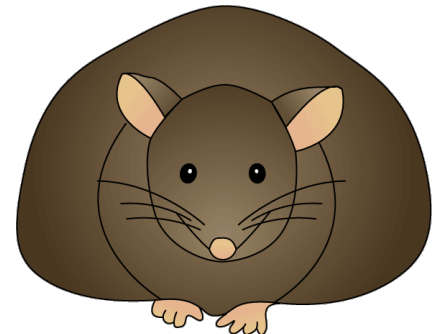
Production ☺

Components of Preclinical Pharmacology & Toxicology:

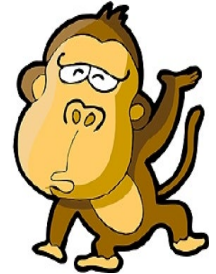
In vivo Studies

- ***In vivo studies: animal models and xenograft***
 - ▶ ***Proof of therapeutic principle & pharmacodynamics***
 - ▶ ***Animal toxicity***
 - ▶ ***Animal pharmacokinetics: ADME***
 - ▶ ***Starting dose and safety schedule***

Usually 1/10 LD₁₀ used as starting point and empirical choices for schedule such as Bolus, 24 H infusion, weekly, 5 d infusion, daily x 5.



Approaches of Preclinical Toxicology: Animal Models



- *Two mammalian species: rodent & nonrodent (primate?)*
- *Single-dose escalation and short-duration multiple-dose studies*
- *Equal or exceed the duration of the human clinical trials proposed*
 - ▶ *5-day dosing or longer than proposed treatment*
 - ▶ *6 mon in rodents and > 9 mon in nonrodents for chronic treatments*
- *Physiological functions (life, cardiovascular, respiratory, and central nervous system).*
- *Special consideration such as reproductive age, unmet medical need or little alternative therapy.*

Safety Margin: maximal safety dose or exposure > 10 expected pharmacological exposure in rodents (> 6 in nonrodents).

Objectives of Preclinical Toxicology

- ▶ **Determine LD10 for 2 species (mouse, dog)**

Single dose of a compound that causes 10% mortality. If discrepancy, then third species.

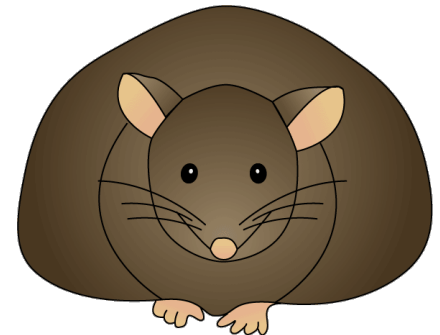
- ▶ **Examine LD10 for specific organ toxicity**

28 day observation of mice, 60 day observation for dogs.

- ▶ **Subchronic vs chronic dosing toxicity**

Repeated daily dose for rodent & non-rodent species, for instance 3 mon vs 2 yr for rat.

- ▶ **Histopathology of all animals**



From Preclinical Study to Clinical Trail

Limitations of Preclinical Study:

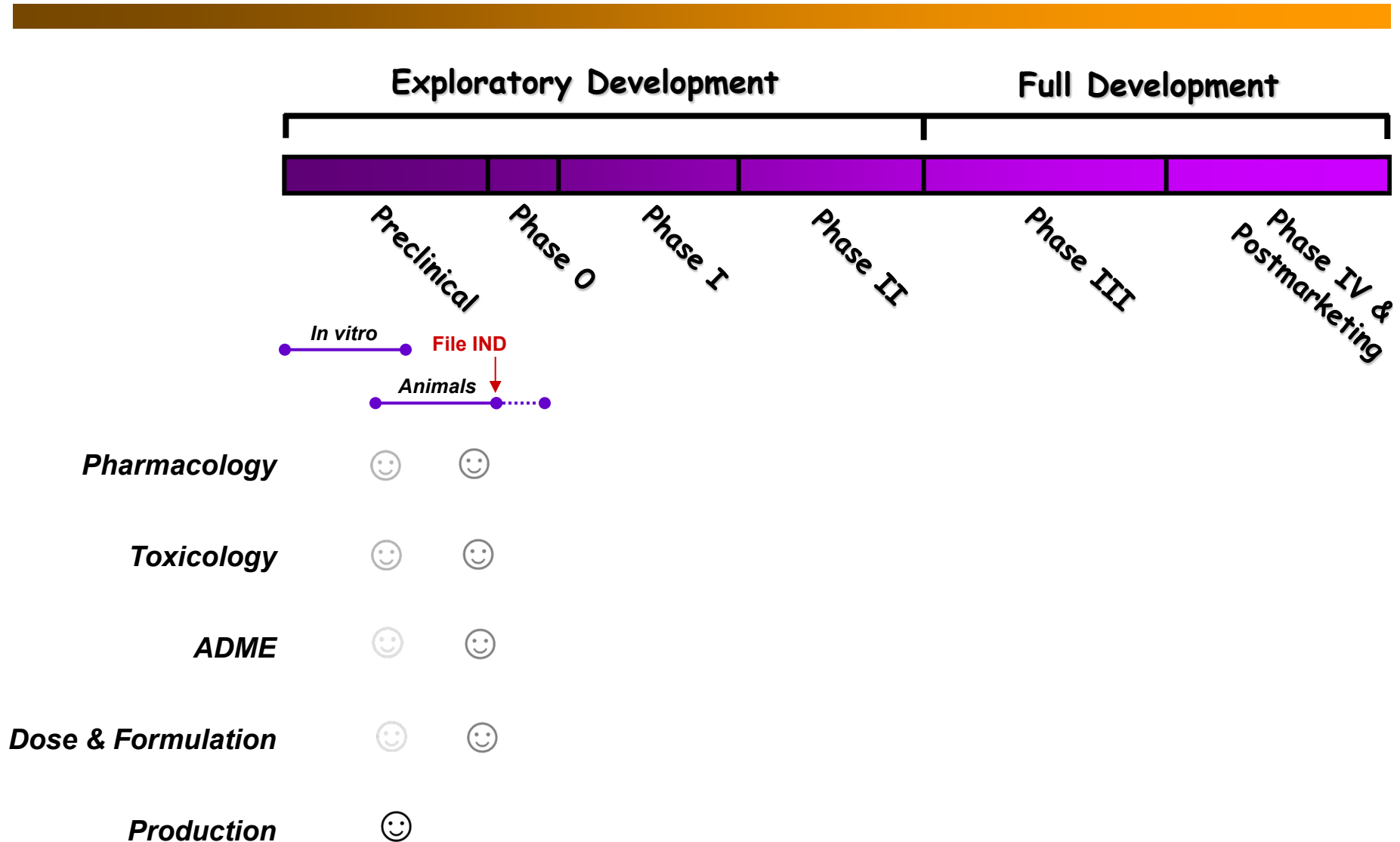
- *Toxicity testing is time-consuming & expensive*
- *Large numbers of animals must be used*
- *Rare adverse effects are unlikely to be detected*
- *Extrapolation of ADME & toxicity data from animals to humans?*



Investigational New Drug (IND):

- *Composition & source of drug, manufacturing information*
- *All preclinical data.*
- *Protocols for clinical studies*
- *Names & qualifications of physicians*

Timeline of Drug Development

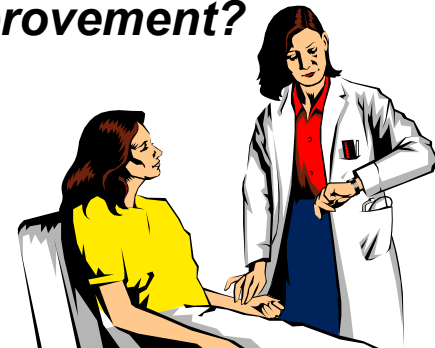


Clinical Trail: Phase 0

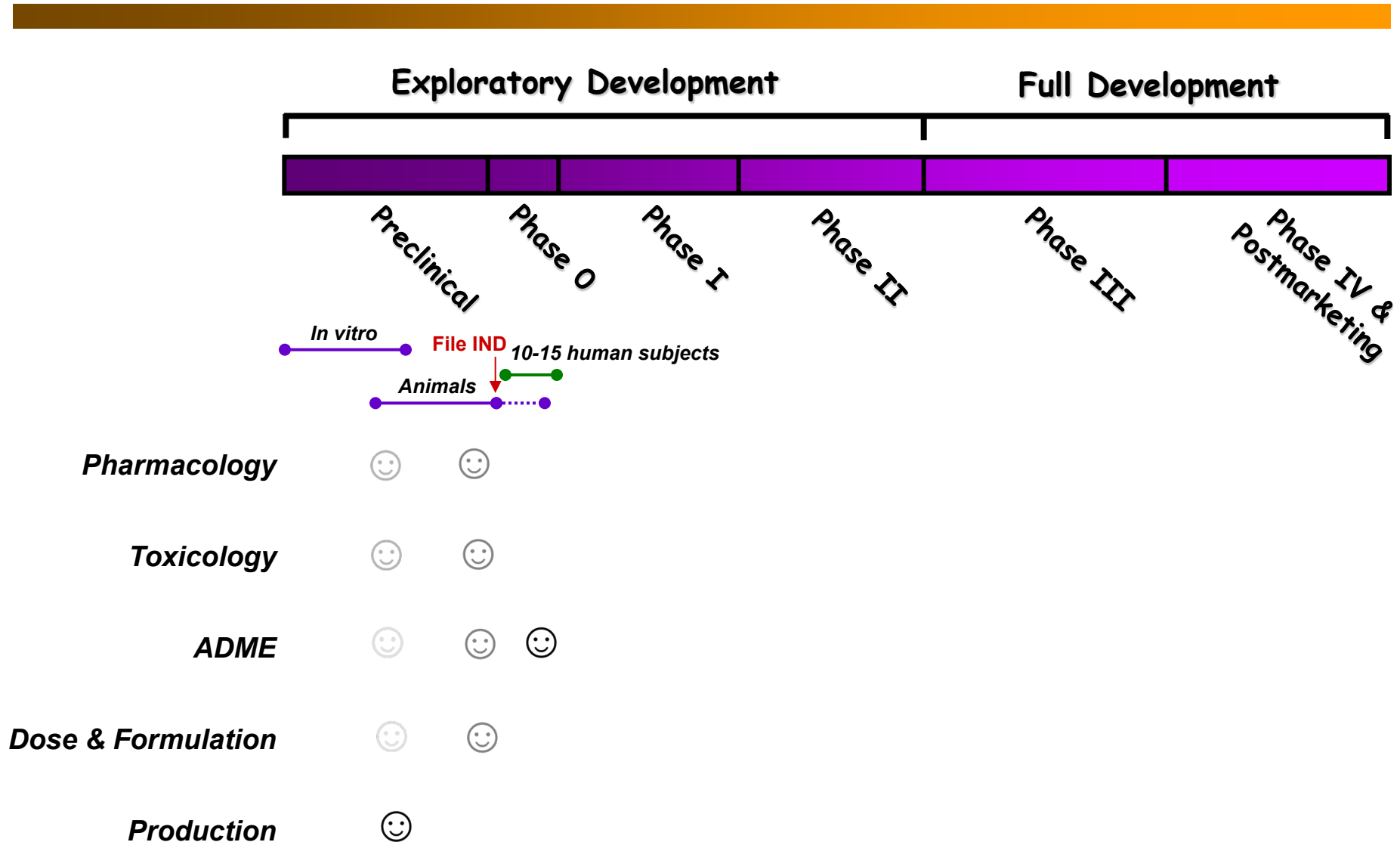
■ *Microdosing studies in a very early stage to establish whether a drug behaves in human subjects as was expected from preclinical studies.*

- ▶ *Single subtherapeutic doses*
- ▶ *A small number of subjects (10-15)*
- ▶ *Data of pharmacokinetics and pharmacodynamics*
- ▶ *No data on safety or efficacy*

■ *Questions: useful, ethically acceptable, feasible, speed up the process or save money, whether there is room for improvement?*



Timeline of Drug Development



Clinical Trail: Phase I for Safety

- *Assess the safety, tolerability, pharmacokinetics, and pharmacodynamics of a drug in human subjects.*
 - ▶ *Open design*
 - ▶ *A small number of subjects(20-50)*
 - ▶ *Healthy volunteers (real patients who have terminal diseases)*
 - ▶ *Dose-ranging or dose escalation*
 - ▶ *A surrogate endpoint*



Phase I Clinical Trail: Dose Escalation Schemes

■ *Challenge: too slow vs too fast*

- Many patients
- Many patients receive ineffective doses
- Too much time elapses
- Poor estimation of actual MTD

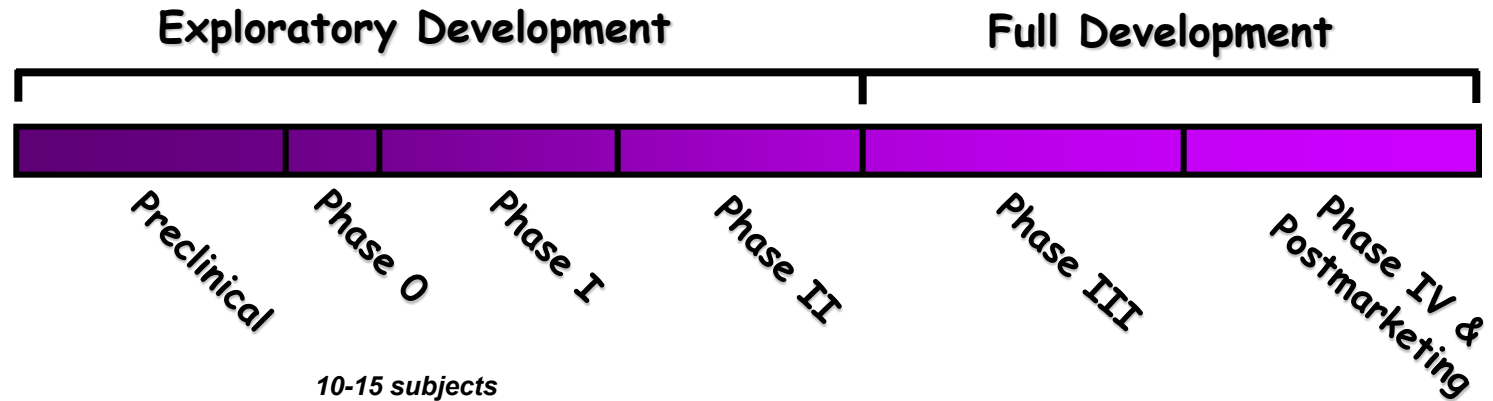
VS

- Too much risk of toxic dosing

■ *Approach:*

- ▶ Modified Fibonacci, 100% → 67% → 50% → 40% → 33% → 33% → →
- ▶ Pharmacokinetically Guided (LD10, Cmax or AUC → MTD)
- ▶ Pharmacodynamic Guidance
- ▶ Statistical Simulations (Accelerated Schemes or Bayesian Schemes)

Timeline of Drug Development



	In vitro		Animals		10-15 subjects		20-50 subjects	
Pharmacology	☺	☺						
Toxicology	☺	☺					☺	
ADME	☺	☺	☺				☺	
Dose & Formulation	☺	☺					☺	
Production	☺							

Clinical Trail: Phase II for Efficacy

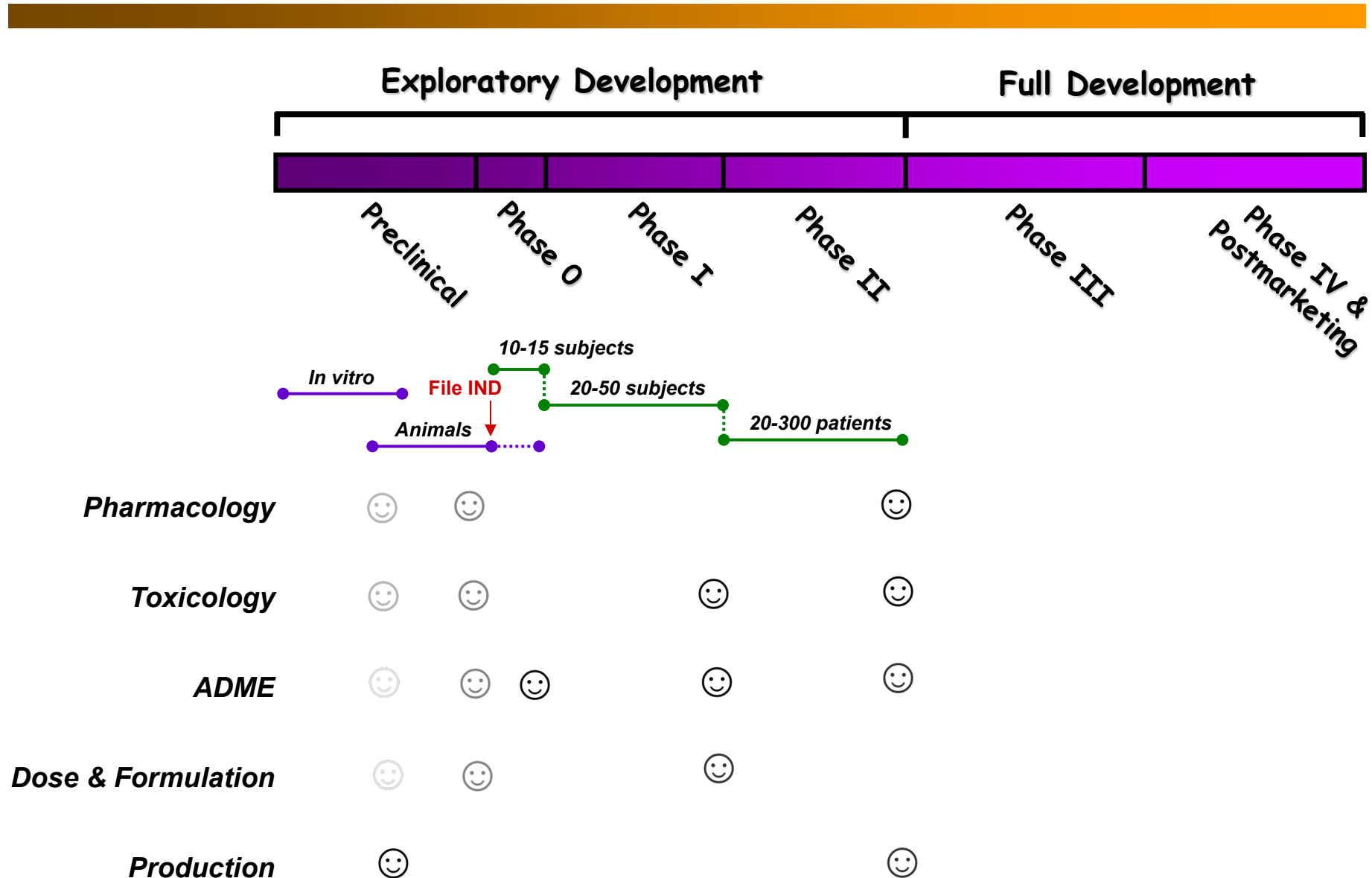
■ *Assess efficacy and safety in patients.*

- ▶ *A number of patients (20-300)*
- ▶ *Randomized design, double blind and placebo-controlled*
- ▶ *Dose or dose range for Phase III clinical trail*
- ▶ *Pharmacokinetics, metabolism & safety*

Expected outcome: the minimal dose that is maximally or sufficiently effective and free of significant toxicity.



Timeline of Drug Development



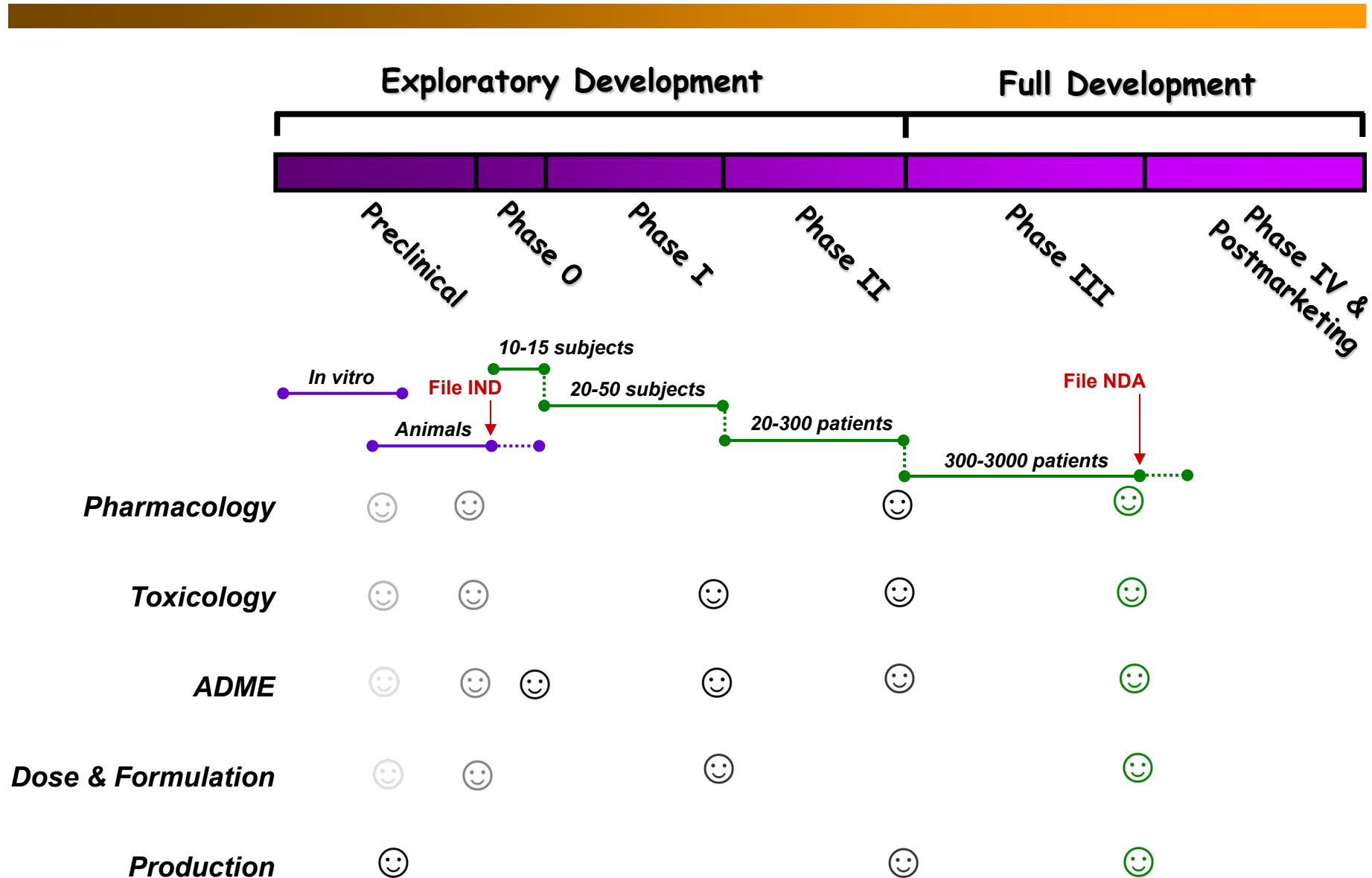
Clinical Trail: Phase III

- ***Definitively assess efficacy and safety in patients.***
 - ▶ ***A large number of patients (300-3000)***
 - ▶ ***Randomized & cross design and double blind***
 - ▶ ***Placebo-controlled or compared with “gold standard” treatment***
 - ▶ ***Pharmacokinetics, metabolism & safety***
 - ▶ ***“Label expansion” (drug works for additional types of patients)***

Provide basis for a New Drug Application (NDA)

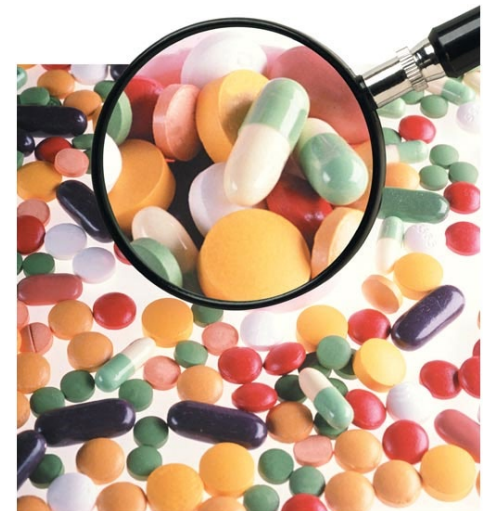


Timeline of Drug Development

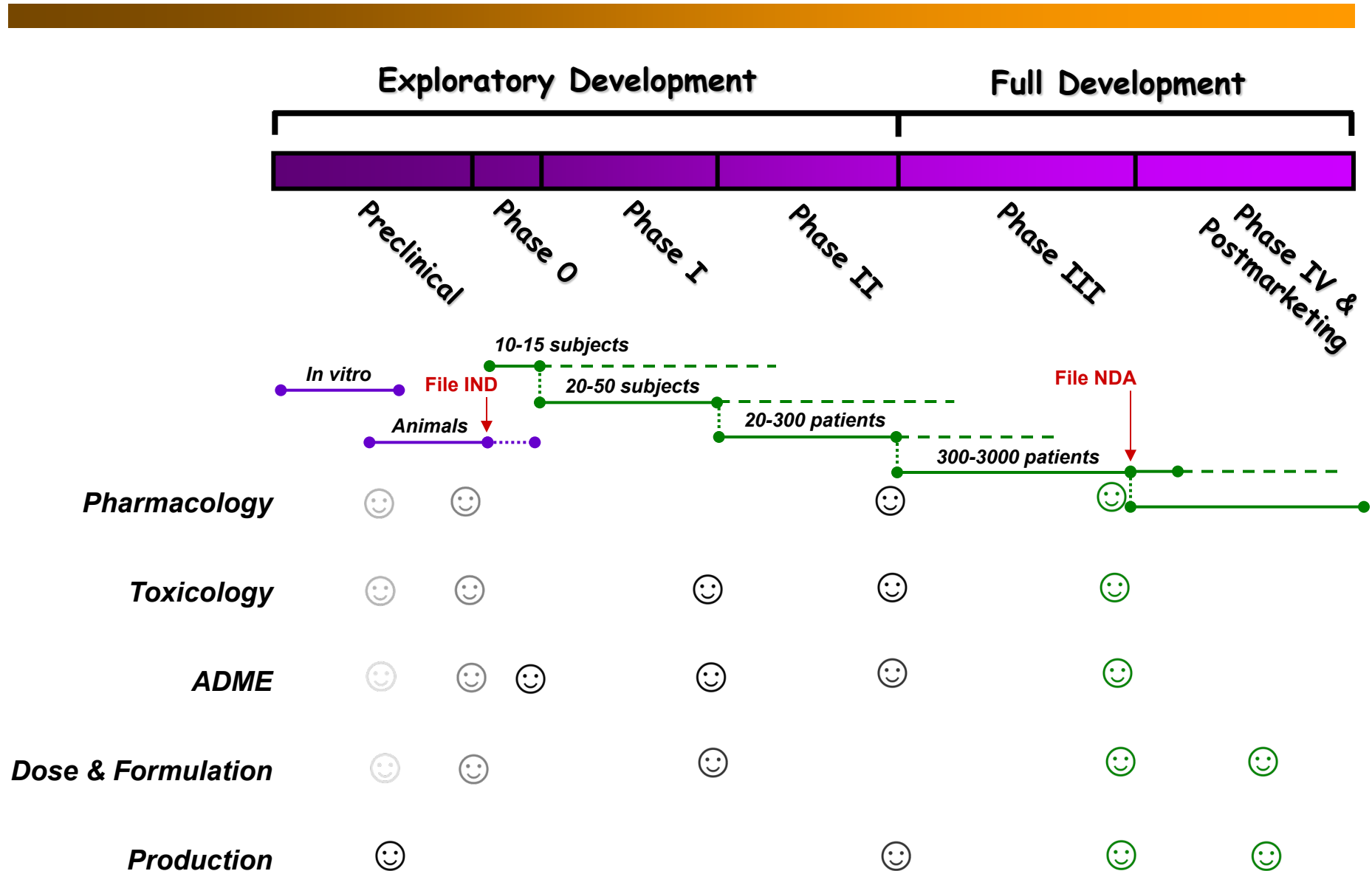


Phase IV or Post Marketing Surveillance Trail

- ***Safety surveillance and ongoing technical support***
 - ▶ ***Relative efficacy compared to alternative drugs***
 - ▶ ***Cost-effectiveness of the drug***
 - ▶ ***Assessment of the improvement in the patient's quality of life***
 - ▶ ***Safety assessment in an unselected patient population***
 - ▶ ***Opportunities for additional indications***
 - ▶ ***Detecting any rare or long-term adverse effects***



Timeline of Drug Development



Timeline of Drug Discovery and Development

From test tubes to Market

